

# We Are Fostering

Insert Date of Review

**This report forms part of your family's annual review. It gives you an opportunity to say what you think about fostering.**

**As the son or daughter of foster carer you play a significant role in fostering.**

**We want you to feel valued and recognised for the role that you play.**

**We want you to feel that you are consulted and involved in decisions which affect you; and that you are provided with appropriate supports.**

**You can use this form to help you decide what you want to say.**

**You could ask your parents to help you fill it in, or your JMT link worker. Please do not discuss it with other people in case you give away anything confidential about the children you foster.**

**Name**

**Age**

**Parent/s**

**This form is confidential but will normally be seen by your parents and people who come to your parents foster carer review.**

# My Family

**Use this space to tell us who lives in the same house as you.**

This may include brothers, sisters, cousins, aunties and uncles, grandparents and any child you foster.

Being part of a family does not mean that person is directly related to you.

Sometimes a close family friend may become part of your family.

You may even want to include a family pet!

**How have things changed since a foster child came to live with you?**

**What things have you enjoyed about fostering in the last year?**

**What things about fostering have you found the most difficult?**

# Fostering

**Here is a list of some of the things that happen to children who have to move away from their home and their family...**

- They are separated from their parent/s.
- They may have to leave brothers and sisters behind.
- They may have to change school and they will feel worried about being in a new school.
- They will miss playing with their friends.
- They won't have familiar things around them, and they will have to get used to a new house.

**What kind of things do you do to help the child who has come to stay with you?**

**What do you like and dislike about sharing?** (This could be sharing your parents and their time and attention. It could also be sharing your belongings , toys, games and things in your house).

**Is there anything else you want to say about fostering?**

# Family Talk

- **Who in your family would you talk to if you were unhappy, angry, sad or had something really exciting to tell?**

- **What is the name of your parent's JMT Supervising Social Worker?** *(This person is responsible for checking how you feel about fostering).*

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- **Do you know how to get in touch with your JMT Supervising Social Worker?**

Yes  No

- **Is there any sort of support you feel you need to help you?**

# Your Supports

- **Would you like to speak with anyone other than your parents about fostering?**

Yes  No

If yes, who would be the best person for you to talk to:

My parents' JMT Supervising Social Worker

JMT Manager

Someone else

- **If you want to speak to someone completely separate, there are lots of other people who may be able to help. You could contact:**

- JMT Fostering - 01506 407340 [www.jmtservices.org.uk](http://www.jmtservices.org.uk)
- Childline - 0808 111 [www.childline.org.uk](http://www.childline.org.uk)
- Who Cares - 0141 226 4441 [www.whocarescotland.org.uk](http://www.whocarescotland.org.uk)
- SCSWIS [formerly The Care Commission] - 0131 653 4100 or Lo-Call 0845 600 8335 [www.scswis.com](http://www.scswis.com)
- Scotland's Commissioner for Children and Young People - 0131 558 3733 [www.sccyp.org.uk](http://www.sccyp.org.uk)

# My Notes...

**Thank You** for taking the time to fill out this form for your parents review.

**You can use this page to write down your own notes.**  
Or you can just doodle on it if you prefer.

**Can you think of any way we can improve this form? If so you can tell us your suggestions here....**